

# General Guidelines for Cleaning Bodily Fluids and Preventing Disease

SPECIAL ATTENTION IS REQUIRED WHEN CLEANING UP A PUBLIC PLACE AFTER PEOPLE HAVE BEEN SICK

Because bodily fluids can be highly contagious, it is important to take special precautions to protect others from contamination.

## **Supplies:**

- Restaurants, Lodging facilities, and Attractions should be prepared for sickness events and have supplies of paper goods and clean up/disinfectant products available.
- 2. Businesses should provide the following to help guests control and contain soiled items:
  - ✓ Plenty of tissues
  - √ "Sickness bags"
  - ✓ trash bags
- 3. Businesses should provide protective wear for people who are doing the clean up including:
  - ✓ A face shield
  - ✓ Gloves
  - √ Hair cover
  - ✓ Shoe covers
  - ✓ Barrier gown
- 4. Businesses should have a supply of:
  - ✓ An absorbent agent
  - ✓ A disinfectant/ virucide effective against norovirus
  - ✓ Paper towels
  - ✓ Biohazard red bags
  - ✓ Black plastic garbage bags
  - ✓ Plastic scrapes
  - ✓ Spray bottles
  - ✓ Hand sanitizers with 70% alcohol

#### **Protect:**

- Keep people away from the incident area at least 24 feet radius.
- Avoid direct contact with body spill fluids. Wear protective clothing.
- 7. Cover the incident residue with towels, plastic, whatever to keep it contained.

### **Clean Up Procedure:**

- 8. Designated personnel who perform cleaning of bodily fluids should be properly trained on an annual basis.
- 9. Disinfect: Spray the area generously with disinfectant/virucide.
- 10. Use absorbent material to soak up excess liquid.
- 11. Allow appropriate kill time for disinfectant, 10-20 minutes.
- 12. Scrape the solid residue to center and place in red biohazard bag.
- 13. Spray with the disinfectant/virucide again and allow to air dry.
- 14. <u>Do not vacuum</u> the incident area until it has been properly disinfected.
- 15. Remove personal protection equipment and dispose in red biohazard bag.
- Place the red bag in a black garbage bag and dispose of as garbage.

#### **HANDWASHING**

Hand washing is the number one prevention of infectious diseases.

- Wash hands frequently and thoroughly after dealing with a sickness incident.
- Always wash hands after using the restroom, coughing, or sneezing.
- Always wash hands before eating or touching food.
- Use soap and warm water and scrub vigorously for 20 seconds.
- Dry hands with paper towel and use towel to turn off faucet and open door knob.